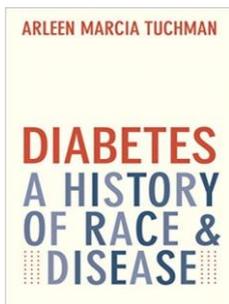


Diabetes: History of Race and Disease



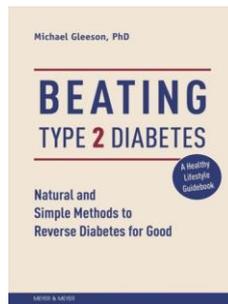
v pevné vazbě, 288 stran
vyd. Yale University Press, IX/2020
ISBN 9780300228991

katalog.cena cca 820 Kč vč.DPH
v této nabídce **690 Kč** vč.DPH

Who gets diabetes and why? An in-depth examination of diabetes in the context of race, public health, class, and heredity Who is considered most at risk for diabetes, and why? In this thorough, engaging book, historian Arleen Tuchman examines and critiques how these questions have been answered by both the public and medical communities for over a century in the United States. Beginning in the late nineteenth century, Tuchman describes how at different times Jews, middle-class whites, American Indians, African Americans, and Hispanic Americans have been labeled most at risk for developing diabetes, and that such claims have reflected and perpetuated troubling assumptions about race, ethnicity, and class. She describes how diabetes underwent a mid-century transformation in the public's eye from being a disease of wealth and "civilization" to one of poverty and "primitive" populations.

In tracing this cultural history, Tuchman argues that shifting understandings of diabetes reveal just as much about scientific and medical beliefs as they do about the cultural, racial, and economic milieus of their time.

Beating Type 2 Diabetes



v měkké vazbě, 256 stran
vyd. Meyer & Meyer Sport, VI/2020
ISBN 9781782551997

katalog.cena cca 560 Kč vč.DPH
v této nabídce **470 Kč** vč.DPH

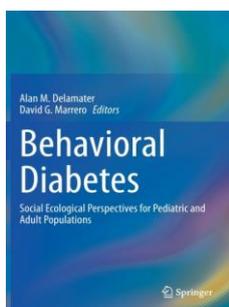
The huge and growing problem of type 2 diabetes already affects 10-20% of the population. Millions more are in the early stage of the disease (a condition called prediabetes) or are at high risk of developing it within five years. This book is designed to be a resource for people diagnosed with either diabetes or prediabetes.

Though there is a lot of information and advice about living with diabetes, there is very little information about how to minimize the risk of health complications or, more importantly, how to get rid of it for good. This single, reliable, evidence-based, high-quality resource includes everything there is to know about beating type 2 diabetes. Beginning with a description of what type 2 diabetes is, how the condition is diagnosed, how it is treated, and how the condition is monitored and managed, the reader will gain a better understanding of the causes of type 2 diabetes, what the risk factors are, and why it is linked so strongly to being overweight or obese.

Understanding type 2 diabetes means the reader is now equipped to reverse the diagnosis. To help the reader beat type 2 diabetes, the author provides an effective weight-loss plan. This plan uses sensible, varied, non-extreme dieting combined with enjoyable and exhilarating (but not exhausting!) exercise that should kick diabetes into remission and improve overall health.

The great thing about the diet part of the plan is that it does not require sticking with the same boring diet for week after week. Instead, the reader can use a variety of different, but equally effective, diets which can be changed weekly. With this book, the reader can reverse their diagnosis and beat type 2 diabetes for good!

Behavioral Diabetes



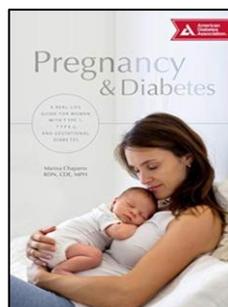
v pevné vazbě, 533 stran
vyd. Springer Nature, I/2020
ISBN 9783030332846

katalog.cena cca 4.120 Kč vč.DPH
v této nabídce **3.300 Kč** vč.DPH

This book presents an up-to-date review of behavioral factors in diabetes management across the lifespan: an update on medical management, epidemiology, and prognosis, and utilize an ecological framework to address various aspects of diabetes management for children and adults on the individual, social, community and medical system, and policy levels. The individual level examines biobehavioral and neuroendocrine factors for their role in the etiology of diabetes, as well as various demographic factors involved in health disparities, and specific psychological issues including distress and quality of life, depression and anxiety, eating disorders, and intervention approaches. Zooming out, the social level addresses the role of social support and family influences as well as group and family interventions to promote more effective diabetes management.

The community level addresses medical system factors including the patient-physician relationship and transition programs, as well as community and school-based prevention programs. Finally, chapters also address how the policy level impacts diabetes management considering the role of health care, insurance, and school and workplace policy. Topics featured in this book include: Neuroendocrine and biobehavioral influences on diabetes Eating disorders in individuals with diabetes Family influences and family therapies for children and adults with diabetes Depression and anxiety in children and adults with diabetes Behavioral Diabetes is a must-have resource for researchers, graduate students and fellows, as well as clinicians, therapists, and other practitioners involved in diabetes management across the lifespan.

Pregnancy & Diabetes



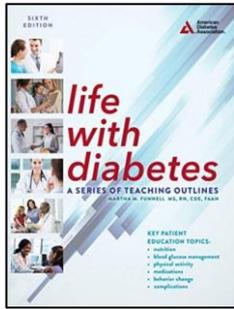
v měkké vazbě, 128 stran
vyd. American Diabetes Association,
X/2020
ISBN 9781580407304

katalog.cena cca 440 Kč vč.DPH
v této nabídce **360 Kč** vč.DPH

A practical, down-to-earth guide to managing diabetes and pregnancy from an educator, nutrition professional, and mother living with diabetes. Diabetes during pregnancy can be a scary experience for women, whether they are diagnosed with gestational diabetes or have been living type 1 or type 2 diabetes for years. This book gives moms-to-be practical, easy-to-follow, and reassuring advice to successfully manage diabetes during the nine months of pregnancy.

It answers common questions such as: Can I have a healthy pregnancy if I have diabetes? What can I eat? How do I keep blood sugars in target? What are the best tools to use to help me manage my diabetes? Managing diabetes during a pregnancy can be overwhelming, but with the practical advice from the trusted experts at the American Diabetes Association found in Pregnancy & Diabetes, moms-to-be get the advice they need for a successful pregnancy and a happy, healthy baby!

Life with Diabetes



v měkké vazbě, 490 stran
vyd. American Diabetes
Association, 6.vydání, VIII/2020
ISBN 9781580407151

katalog.cena cca 2.340 Kč vč.DPH
v této nabídce **1.980 Kč** vč.DPH

Life with Diabetes has given thousands of healthcare professionals the tools they need to facilitate behavior change and become effective teachers and counselors. This series of teaching outlines was developed and tested by the Michigan Diabetes Research and Training Center, affiliated with the Department of Medical Education of the University of Michigan Medical School. Previous editions of this teaching curriculum have been used by thousands of educators in diabetes clinics to help their patients understand and live with the many challenges of diabetes.

This newly revised edition contains up-to-date information in a structured, patient-centered curriculum to help diabetes professionals create customized lessons and deliver high-quality diabetes self-management education. Each chapter offers a detailed and complete guide to teaching a different diabetes topic, but still allows each educator to speak to patients in his or her own voice at an appropriate pace. Additional features include illustrations and visual teaching aids, patient handouts, participant assessments, education records, and an extensive support material section that helps educators customize and manage their programs.

Key patient education topics covered include: Diabetes nutrition and meal planning Blood glucose management Physical activity Oral medications and insulin Behavior change and problem solving Long-term diabetes complications This new edition is presented in a convenient 3-ring binder format, giving educators more flexibility to customize the curriculum to meet their patients' needs. The comprehensive curriculum has also been updated to meet the National Standards for Diabetes Self-Management Education and Support.

Diabetes Digital Health

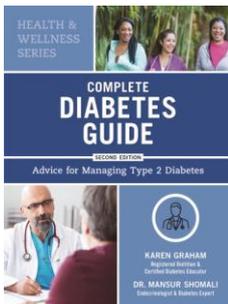


v měkké vazbě, 310 stran
vyd. Elsevier, IV/2020
ISBN 9780128174852

katalog.cena cca 3.160 Kč vč.DPH
v této nabídce **2.680 Kč** vč.DPH

Diabetes Digital Health brings together the multifaceted information surrounding the science of digital health from an academic, regulatory, industrial, investment and cybersecurity perspective. Clinicians and researchers who are developing and evaluating mobile apps for diabetes patients will find this essential reading, as will industry people whose companies are developing mobile apps and sensors.

Complete Diabetes Guide



v měkké vazbě, 416 stran
vyd. Robert Rose, 2.vydání, XI/2020
ISBN 9780778806530

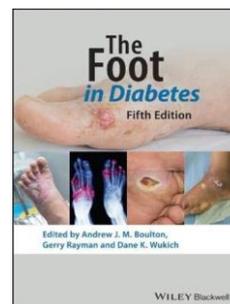
katalog.cena cca 660 Kč vč.DPH
v této nabídce **560 Kč** vč.DPH

One in ten people over 40 now has diabetes. Research by Diabetes UK suggests that by 2030, around 5.5 million people in the UK will be suffering from the condition. This new edition of one of the most highly respected resources on the subject offers new content based on the latest medical expertise on diabetes from Registered Dietitian Karen Graham and Certified Diabetes Educator Dr.

Mansur Shomali. The Complete Diabetes Guide features essential information on underlying causes, clinical features and effective management options and treatments along with personalized meal plans and lifestyle recommendations. This is a vital resource for anyone who has been diagnosed with diabetes or who is at risk of developing it.

The book is packed with useful and accessible information. A "Learning About Diabetes" section includes risks, symptoms and complications while a section on "Taking Medication and Tests" covers everything from low blood sugar and testing your own blood sugar to preparing for regular laboratory tests. A 7-Deal Meal Plan takes the guess-work out of a week's worth of healthy eating and a "Hands-on-Food Guide" offers nutrition tips along with activity and fitness plan recommendations. Karen Graham's Diabetes series is market-leading and has sold 250,000 copies across all titles and editions. She has an easy-to-understand approach and has devoted her career to helping those with diabetes improve their lives.

Foot in Diabetes



v pevné vazbě, 568 stran
vyd. Wiley-Blackwell, 5.vydání,
VI/2020
ISBN 9781119445814

katalog.cena cca 3.940 Kč vč.DPH
v této nabídce **3.300 Kč** vč.DPH

Fully revised and updated edition of this popular book, addressing all issues concerning the diabetic foot, one of the most prevalent problems in diabetes, with a strong emphasis on practical aspects of delivering care.